

To: Community Representatives
From: John T. Burklow, Acting Director
Office of Community Liaison
National Institutes of Health (NIH)
Date: May–June 2005

NOTES FROM THE DIRECTOR, OFFICE OF COMMUNITY LIAISON

This is my third month in my new role as the Acting Director for the NIH Office of Community Liaison. I am enjoying this opportunity to work with the community, and I am committed to making the relationship between the NIH and its surrounding community one that is harmonious and mutually productive.



John T. Burklow

As we discussed at the April Community Liaison Council meeting, all public comments on the NIH Master Plan (MP) and Environmental Impact Statement (EIS) have been formally responded to and addressed. These comments and responses can be found in the Final EIS, which was published on Friday, April 22, 2005. At this time, NIH is in a 30-day waiting period before it can submit a Record of Decision. The NIH MP and EIS are expected to be finalized in late June of 2005.

I would like to thank each of you, as well as your friends and family, who were able to join the NIH at our 6th annual *Share the Health* fitness exposition. The event was held on Sunday, May 15, 2005, from 11 a.m. to 3 p.m., at the newly renovated Westfield Shoppingtown, formerly known as Wheaton Mall. Many community members took advantage of the health education materials and interactive exhibits at the fair. We are already beginning the planning for next year's event!

Share the Health attendees were able to visit exhibits from the U.S. Food and Drug Administration, the U.S. Commissioned Corps of the Public Health Service, the Centers for Medicare and Medicaid Services, the President's Council on Physical Fitness and Sports, the U.S. Department of Agriculture and several local health care organizations, such as Holy Cross Hospital, Washington Adventist Hospital and Suburban Hospital. Free health screenings were offered to help community members discover if they are at risk for high blood pressure, skin problems, head and neck cancer or obesity.

In addition to a wealth of free health information, there were also fun, interactive health-related activities for the entire family to enjoy. These activities included scaling a 30-foot rock-climbing wall, exploring the National Institute on Alcohol Abuse and Alcoholism's Drunken Brain and surfing health-related Web sites. Children were able to explore their creative sides in our lab-art workshops, in addition to spending the day experiencing what it is like to be an NIH scientist.

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The Community Liaison Council will hold its next meeting on **Thursday, June 16, at 4 p.m.**, in the Visitor Information Center, first floor, Building 45 on the NIH campus.

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The 6th annual *Share the Health* exposition was our most successful exposition thus far, and a good time was had by all!

NIH NEWS AND ACTIVITIES

NIH's Free Health and Fitness Expo Is a Resounding Success

Last month, local area shoppers got a dose of good health and fitness at this year's *Share the Health* event in Wheaton, Maryland. This annual free NIH health and fitness event attracted thousands of shoppers at Westfield Shoppingtown, Wheaton, who stopped to explore interactive health exhibits, health screenings, hands-on lab experiments, lab-art workshops and much more.



Attendees from the 2005 *Share the Health* event collect health information from NIH exhibits.

"This event promotes community health through the prevention of disease," said NIH Director Elias Zerhouni, M.D. NIH staff shared fun and easy ways "to improve fitness and maintain good health, while bringing our message of health to the public."

Sponsored by the NIH Office of Community Liaison and the NIH Recreation and Welfare Foundation, the event allowed attendees to learn what NIH—the nation's premier biomedical research institute—really does, to see the research results of its hard work and to meet NIH scientists and health specialists.

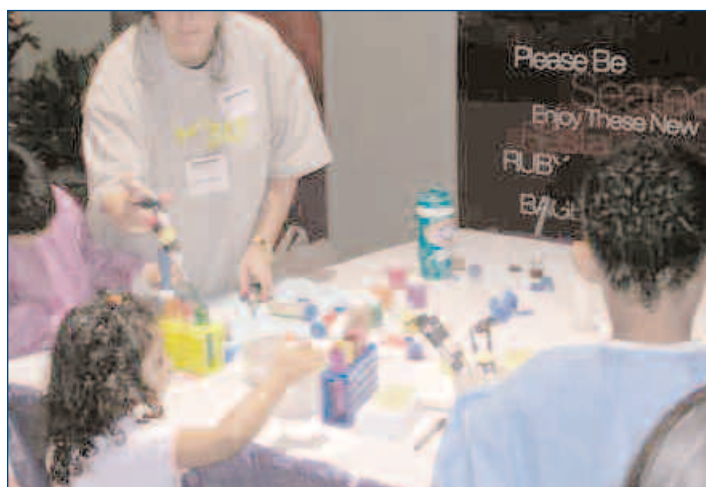
Share the Health featured a variety of activities—something to appeal to just about everyone.

Attendees had their blood pressure checked, were examined for skin, head or neck cancer, and learned about their level of body fat. They also had an



Rock climbing was a big hit at the 2005 *Share the Health* event.

opportunity to peruse interactive exhibits. Many people met *Holly Heart*, a robot who answered their heart health questions. They also learned how to access reliable health information on the Internet.



Children learn about science in hands-on lab experiments.

Children had lots of fun, as they suited up with lab coats and goggles and performed hands-on lab experiments. They participated in lab-art workshops and worked out in the giant Moon Bounce. Teens used the opportunity to explore the latest health-related computer games, to navigate an obstacle course with Fatal Vision goggles that throw off eye-muscle coordination to simulate intoxication and to scale the 30-foot rock-climbing wall.

Mobile Mammography Screening Continues This Month at NIH

The George Washington University Breast Care Center is once again offering mammography screening this summer for all NIH employees, their families and others associated with NIH, such as contractors, visiting scientists and volunteers. Upcoming dates and locations are listed below and screenings take place between 9:30 a.m. and 3:45 p.m. by appointment only. Female technologists conduct the screenings, and board-certified radiologists who specialize in mammography interpret the films. Appointments, which take about 20 minutes, cost \$140 and are covered by most insurance plans. To see if your insurance is accepted or to make an appointment, call 202-741-3020.

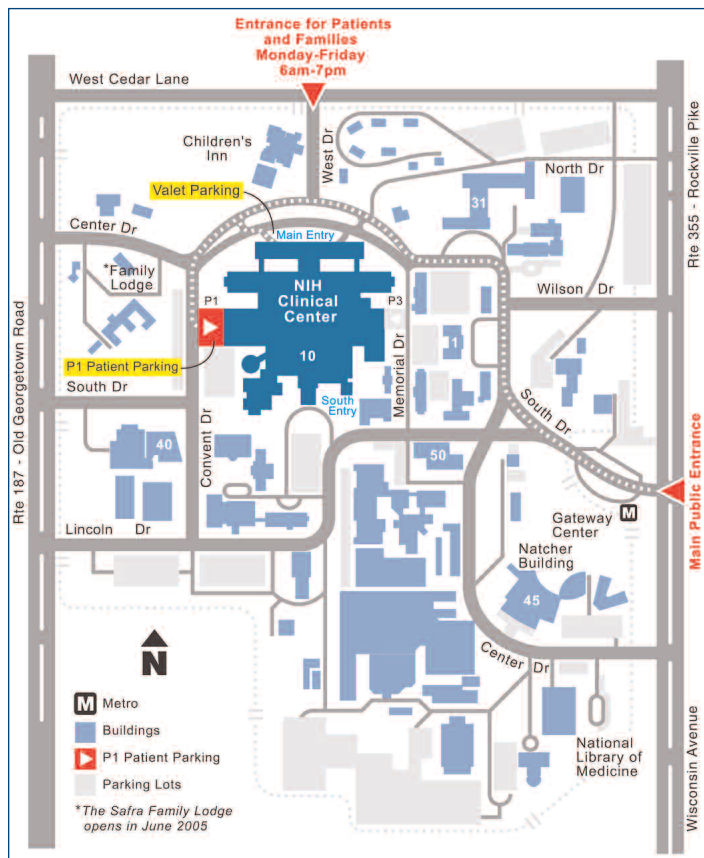
June 28	Rockledge, visitor parking behind RKL One, Bethesda
June 29	Executive Plaza North and South, parking lot behind the complex, Rockville

NIH Community Orchestra To Perform in June



The NIH Community Orchestra is planning a full performance on Saturday, June 4, in North Bethesda. Comprising musicians who live and work around the NIH campus, the orchestra will perform the music of Handel, Brahms, Schubert and Beethoven. The concert takes place at 7:30 p.m. in the Figg Theater on the campus of Georgetown Preparatory School. Admission is free, but donations are requested to support NIH Charities. For more information, send an e-mail to gldaum@gprep.org or visit <http://www.gprep.org/~music/nih/#about>.

New Clinical Center Patient Entrance Opens on NIH Campus



In April, NIH planners made it a little bit easier for patients at the NIH Clinical Center (Building 10) to come into campus. Patients and their visitors now have a dedicated entrance at the intersection of West Cedar Lane and West Drive. The new entrance is available from 6 a.m. to 7 p.m., Monday through Friday. To view a map showing the new entrance, visit http://clinicalcenter.nih.gov/about/visitor/_pdf/campusmap_color.pdf. For more information or for questions, contact the Office of Research Services Information Line at 301-594-6677, TTY: 301-435-1908.

PGA Tour To Raise Money for the Children's Inn at NIH

Golf lovers can watch some of the best golfers in the world and raise money for a good cause, all at the same time. From June 6 to 12, the Booz Allen Classic PGA Tour professional golf tournament comes to the Washington area and will raise money for the Children's Inn at NIH—a pediatric facility for children with cancer and their families. The

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Children's Inn is one of more than 200 nonprofit organizations participating in the Booz Allen Classic's Birdies for Charity program at Congressional Country Club in Bethesda. This program gives individuals the opportunity to pledge money for every birdie scored by PGA golfers during the tournament. All donors are eligible for a variety of prizes. For more information about donating or to learn about the prizes being offered, visit <http://birdies.boozallenclassic.com/thechildrensinn> or call Julie Hykes at 301-451-2878.



NIAID Begins Trial of Experimental Avian Flu Vaccine

The National Institute of Allergy and Infectious Diseases at NIH has started fast-track recruitment for a new trial aimed at investigating the safety of a vaccine against the H5N1 avian influenza or "bird flu." Researchers at sites in Los Angeles, Baltimore and Rochester, New York are seeking to enroll 450 healthy adults for the trial.

"While there have been relatively few cases worldwide of H5N1 avian influenza infection in humans, the public health community is concerned that the virus will develop the capability of efficiently spreading from human to human and thus create a risk for a worldwide pandemic," said NIAID Director Anthony S. Fauci, M.D.

"NIAID has supported research on H5N1, the strain responsible for this deadly form of avian influenza, since 1997 when the first cases in humans were reported," Fauci added. "The initiation of this vaccine trial marks a key advance in our efforts to prepare to respond to an avian flu pandemic."

The first phase of the trial will test the vaccine's safety and ability to generate an immune response in healthy adults between the ages of 18 and 64. If the vaccine is shown to be safe in adults, there are plans to test the vaccine in others.

H5N1 avian influenza leads to severe disease in both birds and humans. Experts fear that the virus could evolve into one that is more easily transmitted between people.

Volunteers for the trial are currently being recruited at the following locations:

- University of California, Los Angeles (Joel Ward, M.D., principal investigator).
- University of Maryland School of Medicine, Baltimore (James Campbell, M.D., principal investigator).
- University of Rochester School of Medicine and Dentistry, New York (John Treanor, M.D., principal investigator).

For more information about participating in the trial, contact the principal investigator at the location nearest you. For more information about NIAID, visit <http://www.niaid.nih.gov>.

NIH Announces August Dates for Comcast Outdoor Film Festival

Plan ahead and mark your calendars for 10 fun-filled August evenings of great movies and good food, all to support a worthy cause—the NIH Children's Charities. Officials at NIH and Comcast have announced a tentative movie schedule for the annual free Comcast Outdoor Film Festival, August 12–21, 2005. The event takes place on the grounds of Strathmore Hall Arts Center and the American Speech-Language-Hearing Association, located at 10701 Rockville Pike in North Bethesda. A number of food vendors will be on-site, and a portion of your food dollars will go to the NIH Children's Charities. Food booths open at 6:30 p.m., and movies start at 8:30 p.m. For more information, visit <http://filmfestnih.org>.

August 12	<i>Shrek 2</i>
August 13	<i>Harry Potter and the Prisoner of Azkaban</i>
August 14	<i>West Side Story</i>
August 15	<i>Million Dollar Baby</i>
August 16	<i>Grease</i>
August 17	<i>The Birds</i>
August 18	<i>Raiders of the Lost Ark</i>
August 19	<i>Ray</i>
August 20	<i>Spiderman 2</i>
August 21	<i>Shark Tale</i>

NINDS Wins CINE Golden Eagle Award for Stroke Training DVD



Not many would think NIH and renowned filmmaker Steven Spielberg have much in common, but now they are both award winners. NIH's National Institute of Neurological Disorders and Stroke (NINDS) recently won a prestigious CINE Golden Eagle Award for its NIH Stroke Scale Training DVD. The awards, which distinguish excellence in both professional and amateur works, represent the highest production standards in international filmmaking and videography. Steven Spielberg and George Lucas were both Golden Eagle award-winners.

In the fall of 2004, more than 300 judges evaluated thousands of entries. Criteria included writing, sound, editing, creativity, visuals, insights and the extent to which the film met its goals and communicated with its intended audience. NINDS won in the professional non-telecast division, business category for safety, training and employee development.

The NIH Stroke Scale Training DVD is an interactive tool that teaches medical professionals how to administer and score the NIH Stroke Scale, a measure of stroke severity, in a clinical setting. The DVD shows doctors performing the scale, illustrating every score on each scale. Since the DVD's release, thousands of physicians, nurses and other healthcare professionals have learned how to effectively administer the scale.

Congratulations NINDS!

NIH Researchers Hold Online Chat and Visit with Students for National DNA Day

High school students across the country had the opportunity to celebrate National DNA Day this past April by talking to some of NIH's top genome experts. On April 25, scientists and researchers from NIH's National Human Genome Research Institute (NHGRI) participated in an online discussion, fielding questions from students and talking about the latest in cutting-edge genomic research.

National DNA Day, which commemorates the successful completion of the Human Genome Project and the anniversary of the discovery of DNA's

double helix in 1953, was created to inspire the next generation of scientists who will use the human genome sequence to benefit human health.

Students and teachers nationwide had the opportunity to chat with NHGRI Director Francis S. Collins, M.D., Ph.D., who discussed what it means to live in the genome era and how this information can be applied to help prevent diseases. Genomic experts explained how the HapMap—a virtual catalog of human genetic variation—is aiding the search for genes associated with complex diseases like cancer and diabetes, how comparing the dog and human



NHGRI's Sarah Anzick (center, in white) shows high school students in Livingston, Montana, how to isolate DNA during 2004 National DNA Day.

genomes is helping us answer questions about diseases in both species and how issues of genetic discrimination are affecting people's lives. Other NHGRI staff discussed topics including basic science, clinical research, genomic careers and the ethical, legal and social implications of genomic research.

In addition to the online discussion, dozens of NHGRI scientists served as "DNA Day Ambassadors," visiting high schools in rural and urban communities across the country. These ambassadors explained basic science concepts and shared their first-hand experiences in genomic research.

For more information about future events or to see a transcript of the event, visit <http://www.genome.gov/DNAday>. The Web site also offers a variety of free, educational tools on genetics and genomics.

NIH Announces Summer Science in the Cinema Film Schedule

The NIH Office of Science Education has announced the dates for its free upcoming Science in the Cinema film and discussion series. This year’s festival, which takes place on Wednesday evenings at 7 p.m. from July 13 to August 17 at the AFI Theatre and Cultural Center in Silver Spring, focuses on medical topics such as Alzheimer’s disease, infectious disease, alcoholism, cardiac surgery and more. The schedule is listed below.

Each film in the series focuses on a science- or medicine-related theme, and its screening is followed by a guest speaker with expertise in the film’s subject area. Members of the audience will have the opportunity to ask questions and participate in a discussion about the topic. Tickets are free and available on a first-come, first-served basis for the first 400 people on the day of the show at the AFI Theatre box office.

For more information, visit the AFI Silver Theatre’s Web site at <http://afi.com/silver> or call 301-495-6720.

<i>The Notebook</i>	Date TBD
<i>Tuesdays with Morrie</i>	July 20
<i>Something the Lord Made</i>	July 27
<i>My Life</i>	Date TBD
<i>Panic in the Streets</i>	Date TBD
<i>When a Man Loves a Woman</i>	Date TBD

NIH Holds Conference on the Biology of Massage, Chiropractics and Other Manual Therapies

Have you ever wondered how manual therapies such as massages, chiropractics and physical therapy work to make you feel better or what research is being done in this area? If so, you may want to attend an NIH conference called “The Biology of Manual Therapies,” June 9–10, 2005, on the NIH campus in Bethesda, Maryland. The conference, which takes place in the Natcher Conference Center in Building 45, will assess the current knowledge surrounding the biology of these therapies and will identify opportunities for further research. Sponsored by several NIH institutes and the

Canadian Institute of Health Research, the conference brings together experts in the academic realm, patient advocacy groups, professional organizations and the public to discuss current and future research.

Manual therapies include a host of techniques that focus primarily on bones and joints, the soft tissues and the circulatory and lymphatic systems. There is increasing evidence that these therapies may trigger a cascade of cellular, biomechanical, neural and/or extracellular events as the body adapts to the external stress. The following topics will be covered during the conference: neuroscience, immunology and endocrinology, biomechanics and imaging.

The conference is open to the public. For two days, the cost to attend is \$35. For more information or to register online, visit <http://nccam.nih.gov/news/upcomingmeetings/manual-conference.htm> or contact Erika Gundersen at 202-973-8734.

NIH CALENDAR OF EVENTS*

June 8
Contemporary Clinical Medicine: Great Teachers: Patients as Teachers: The Development of Cancer Immunotherapy by Steven A. Rosenberg, M.D., Ph.D., National Cancer Institute, NIH, noon–1 p.m., Lipsett Amphitheater, Building 10, NIH campus. For more information, call NIH Clinical Center Communications at 301-496-2563 or visit <http://www.cc.nih.gov/about/news/grcurrent.shtml>.

NIH Director’s Wednesday Afternoon Lecture Series:
Subsets of Memory CD8+ Cells by Johnathan Sprent, M.D., Ph.D., The Scripps Research Institute, 3–4 p.m., Masur Auditorium, Building 10, NIH campus, free and open to the public. Continuing medical education (CME) credit is available. For more information, call Hilda Madine at 301-594-5595 or visit <http://www1.od.nih.gov/wals/schedule.htm>.

June 10
NIH Director’s Seminar Series: Genomic Imprinting at the ICG2/H19 Locus by Karl Pfeifer, Ph.D., National Institute of Child Health and Human Development, NIH, noon–1 p.m., Wilson Hall, Building 1, NIH campus, free and open to the public. For more information, call Colleen Crone at 301-496-1921.

June 13
NIH Behavioral and Social Sciences Seminar Series:
Growing Up a Little Faster: The Life Course Implications of Childhood Adultification by Linda M. Burton, Ph.D.,

Pennsylvania State University, 3–4 p.m., Room C, Neuroscience Building, 6001 Executive Blvd., Rockville, free and open to the public. For more information, call Ronald Abeles at 301-496-7859 or visit http://obssr.od.nih.gov/BSSRCC/BSSRLectures_Spring05.htm.

June 13–15

NIH State-of-the-Science Conference on Manifestations and Management of Chronic Insomnia in Adults, 8:30 a.m.–5:30 p.m. on 6/13, 8:30 a.m.–noon on 6/14, 9–11:30 a.m. on 6/15, Main Auditorium, Natcher Conference Center, Building 45, NIH campus, free and open to the public. For more information, call Kelli Marciel at 301-496-4819 or visit <http://consensus.nih.gov/ta/026/insomniaintro.html>.

June 14–15

General Motors Cancer Research Annual Scientific Conference: Breast Cancer, 8:30 a.m.–4:45 p.m. on 6/14 and 9 a.m.–3 p.m. on 6/15, Masur Auditorium, Building 10, NIH campus, free and open to the public. For more information, call Mary Ruemker at 919-668-8018 or visit <http://www4.od.nih.gov/gmcr>.

June 15

NIH Director's Wednesday Afternoon Lecture Series: General Motors Cancer Research Foundation Laureate Lectures by the Kettering, Sloan and Mott Cancer Research Laureates, 1–3 p.m., Masur Auditorium, Building 10, NIH campus, free and open to the public. CME credit is available. For more information, call Hilda Madine at 301-594-5595 or visit <http://www1.od.nih.gov/wals/schedule.htm>.

June 16

Women's Health Research for the 21st Century Seminar Series: Women and Depression, 1–3 p.m., Lipsett Amphitheater, Building 10, NIH campus, free and open to the public. For more information, call 301-402-1770 or visit <http://www4.od.nih.gov/orwh>.

June 21

NIH Clinical Center Grand Rounds: The IKK Complex at the Crossroads of Inflammation and Cancer by Michael Karin, Ph.D., University of California, San Diego, 8:30–9:30 a.m., Lipsett Amphitheater, Building 10, NIH campus. For more information, call Laura Anthony at 301-984-7191 or visit <http://www.cc.nih.gov/about/news/grcurrent.shtml>.

June 22

NIH Director's Wednesday Afternoon Lecture Series: To Kill or To Cure: Options in Host Defense Against Viral Infections by Francis V. Chisari, M.D., The Scripps Research Institute, 3–4 p.m., Masur Auditorium, Building 10, NIH campus, free and open to the public. CME credit is available. For more information, call Hilda Madine at 301-594-5595 or visit <http://www1.od.nih.gov/wals/schedule.htm>.

NIH Clinical Center Grand Rounds: Turner Syndrome in the Genomic Era by Carolyn Bondy, M.D., National Institute of

Child Health and Human Development, NIH and *Microbes versus Man: The Battle for Iron* by Caroline Philpott, M.D., National Institute of Digestive and Kidney Diseases, NIH, noon–1 p.m., Lipsett Amphitheater, Building 10, NIH campus. For more information, call Clinical Center Communications at 301-496-2563 or visit <http://www.cc.nih.gov/about/news/grcurrent.shtml>.

June 28

NIH Clinical Center Grand Rounds: Molecular Pathogenesis of Lung Cancer with Translation to the Clinic by John D. Minna, M.D., University of Texas Southwest Medical Center, 8:30–9:30 a.m., Lipsett Amphitheater, Building 10, NIH campus. For more information, call Laura Anthony at 301-984-7191 or visit <http://www.cc.nih.gov/about/news/grcurrent.shtml>.

June 29

NIH Clinical Center Grand Rounds: Second Annual John Laws Decker Memorial Lecture: Concepts of Scientific Integrative Medicine by David Goldstein, M.D., Ph.D., National Institute of Neurological Disorders and Stroke, NIH, noon–1 p.m., Lipsett Amphitheater, Building 10, NIH campus. For more information, call Clinical Center Communications at 301-496-2563 or visit <http://www.cc.nih.gov/about/news/grcurrent.shtml>.

NIH Director's Wednesday Afternoon Lecture Series: Human Obesity and Insulin Resistance: Lessons from Experiments of Nature by Stephen O'Rahilly, M.D., F.R.S., University of Cambridge, England, 3–4 p.m., Masur Auditorium, Building 10, NIH campus, free and open to the public. CME credit is available. For more information, call Hilda Madine at 301-594-5595 or visit <http://www1.od.nih.gov/wals/schedule.htm>.

**Calendar items subject to change. Call to confirm your event.*

OTHER NEWS & ACTIVITIES

Suburban Hospital Hosts Men's Health Seminar

Men are the focus of a health seminar this month at Suburban Hospital in Bethesda. On Wednesday, June 8th, from 6 to 8 p.m., men will have the opportunity to learn more about health issues affecting them. This seminar, which features an interactive evening by and for men, focuses on prostate cancer prevention, the impact of heart disease, colorectal symptoms and diagnosis and more. The seminar takes place in the hospital's auditorium, located at 8600 Old Georgetown Road in Bethesda. To register, call 301-896-3939 and press option 1.

TRY THIS WEBSITE

<http://www.nci.nih.gov/cancertopics/types/skin>

With summer quickly approaching, researchers at the National Cancer Institute (NCI) want you to do everything you can to prevent skin cancer. The skin cancer home page on NCI's Web site features information on skin cancer treatment, its causes, prevention, detection and more. Visitors to the site can learn about current clinical trials, how genetics can be involved in skin cancer or peruse a database filled with skin cancer information resources. General information on coping with cancer, support services and alternative healing methods is also featured. The site provides links to related articles, medical databases and additional resources for those with more questions about skin cancer.

VOLUNTEER OPPORTUNITIES

African American Heart Disease Risk Factor Study

Healthy volunteers are needed for a study investigating the relationship of obesity to heart disease risk factors in healthy, non-diabetic African American men and pre-menopausal women between the ages of 18 and 50. The study is looking at the risk factors for triglyceride concentration and the triglyceride-related risk factors of unhealthy cholesterol, good cholesterol and body fat distribution. Four outpatient visits to the NIH Clinical Center in Bethesda will be required, in which participants will have body fat analyses, an electrocardiogram, blood tests including cholesterol profiles, an oral glucose tolerance test and an intravenous glucose tolerance test. Compensation is provided. Call 301-402-7119 for more information and refer to protocol 99-DK-0002.

Type 1 Diabetes Patients Needed

Are you between the ages of 18 and 60 with type 1 diabetes? If so, you may be eligible to participate in a new NIH study. The study is testing a new approach to type 1 diabetes management for individuals taking insulin. For more information or to participate, call 1-800-411-1222, TTY: 1-866-411-1010.

Anthrax Vaccine Study

The National Institute of Child Health and Human Development at NIH is looking for healthy men and women between the ages of 18 and 30 to participate in an investigational anthrax vaccine study conducted on the NIH campus in Bethesda. Medical tests will determine eligibility, and compensation is provided for study participants. For more information, call 301-496-5582.

Depression Study for Women

NIH's National Institute for Mental Health is looking for healthy women between the ages of 18 and 45 to participate in a study that examines the role of hormones in depression. Participants should have experienced depression in the past but not be currently depressed. All participants should also be medication free, including birth control pills. Compensation is available. For more information, call Linda Simpson-St. Clair at 301-496-9576, TTY: 1-866-411-1010.



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If you would like to list an upcoming event of interest to the local community, call Terry LaMotte at Palladian Partners, OCL support contractor, at 301-650-8660, or send her an e-mail at tlamotte@palladianpartners.com.